

Vera Sekula
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Education

02/2013 – 05/15/14 University of Massachusetts – Boston

Post-Masters Certificate in Family Nurse Practitioner

06/2010 to 12/2012 Liberty University, Lynchburg, Virginia

Master of Science in Nursing- Clinical Nurse Specialist in Critical Care

01/2006 to 08/2007 University of Central Florida, Orlando, Florida

Bachelor of Science in Nursing

2003 to 2005 Valencia Community College, Orlando, Florida

Associate Degree in Computer Programming and Business Administration

1990-1995 University of Textile Production of Kazakhstan, Alma-Ata, Republic of Kazakhstan, Russia

Bachelors and Master's degree in Textile Engineering.

Professional Experience

08/22- Present- Nurse Practitioner at Paragon Infusion Center

Supervise daily clinical operations of the center. Administer biological infusions including (for Multiple Sclerosis, Rheumatoid Arthritis, Migraine Headache, Eosinophilic Asthma, etc), monitoring patient safety throughout for any side effects including anaphylactic shock and treating appropriately. Paragon specializes in infusion and injection therapies to treat more than 300 different diseases and conditions. Reviewing infusion orders for clarity and modify as necessary; independently assessing and evaluating patients in the infusion center, who present with new or progressive symptoms/signs; reviewing, evaluating, and making recommendations to ordering physicians regarding laboratory findings for patients seen in the infusion center.

03/2017 – 8/2022– Nurse Practitioner University of Colorado, Reconstructive and Oncology Inpatient Urology

Carries out duties related to patient care on the Urology Inpatient Service. These duties include inpatient assessment, patient education, care coordination and disease

management as well as the provision of urologic consultation to other services. Close collaboration with the surgeons, resident staff and hospital staff. Serving as an integral part of the Urology team providing care to a general patient population while on the Urology Service and during all transitions of care. Duties and responsibilities include, but are not limited to the following: Evaluating and managing patients who are candidates for Urology care and/or surgery. This includes obtaining a thorough history and performing an appropriate physical examination and ordering appropriate testing as well as management of patients with post-operative complications. Monitoring overall care and providing education about the risks and benefits of the surgical procedures. Sees and evaluating patients in the hospital, providing documentation, an assessment and care plan for inpatient stay and discharge care planning. Evaluating and managing patients with urgent or emergent complaints in conjunction with the primary surgeon. Rounding, writing orders, discharge, patient assessment, patient education, care coordination and disease management. Providing monitoring and continuity of care for patients between physician visits/rounding. Providing urologic inpatient consultation in collaboration with faculty members and residents.

11/2014- 02/2017- Center for Spine and Orthopedics- Nurse Practitioner- Pain Management and Rehabilitations

Playing an active role in patient care, with daily tasks consisting of examinations, assessments, diagnosis and treatments. Collaborating with specialists to provide patients with the best possible care. My roles consist of surgical assisting in the operating room and perform independently in-office procedures as trigger point injections and steroidal injections into major joints. Also, educating each patient and family member during pre-surgical conferences, providing discharge instructions for post-operative patients and their family members. Rounding in the hospital and being on call during scheduled on-call time is a part of being part of practice.

01/2016-03/2017 – Nurse Practitioner- After Hours Urgent Care Clinic Part-time

For personal growth and experience picking up extra shifts as a Nurse Practitioner in a fast-paced Urgent Care seeing between 30-40 patients per day. Providing high quality health care through direct assessment, diagnosis, and formulation/implementation of treatment plans for patients with common acute and chronic illnesses and acute injuries. Coordinating care with local hospitals and EMS to transfer patients to higher level of care when necessary. Perform office procedures such as starting IV fluids, Incision and Drainage, Wound Repair, and splinting fractures.

6/2011- 03/15/14 - Florida Hospital Orlando- Post Anesthesia Care Unit –Staff Nurse

Managing critically ill patients in high pace environment. Adult and pediatric patients included renal and pancreas transplant, Neuro-surgical and Neuro Interventional radiology, vascular (AAA), urologic, orthopedic, oral surgery, reconstructive plastic surgery, obstetrics and general surgeries. Emphasis on head to toe assessment and management of post-operative and physiologic issues (pain management, symptom

management, blood pressure management, drips titration, administration of blood products, correction of fluid imbalance, correction of abnormal electrolyte imbalance and more). Hemodynamic monitoring and management (Arterial lines, Central lines and Intra-Cranial Pressure (ICP)). Management of mechanically ventilated adult and pediatric patients.

10/2007 to 06/2011 - Florida Hospital Orlando- Neuro ICU- Staff Nurse and Assistant Nurse Manager PRN.

Managed critically ill patients in high-acuity unit. Adult patient population included Neuro-Surgical and Neuro-Interventional radiology patients, patients post- tPA, post-stroke, aneurism, trauma, spinal cord injury, Sepsis, ARDS, cardiac, vascular and multi-system failure. Emphasis on Neuro-assessment and head to toe assessment and management of post-operative and physiologic issues (blood pressure management (very important in Neuro-compromised patients), drips titration, sedative and paralytic's administration and titration, administration of blood products, correction of fluid imbalance, correction of abnormal electrolyte imbalance and more). Hemodynamic monitoring and management (Swan-Ganz, Arterial lines, Central lines, Intra-Cranial Pressure (ICP), and EEG monitoring). Management of mechanically ventilated patients and Oscillator ventilator management. Responded to cardiac and respiratory arrests codes in the unit and hospital.

License/Certifications

- Colorado APN.0991378-NP (09/2020-09/2024)
- FL RN license RN 9270992
- Colorado RN license RN 1628661 (09/2022-09/2024)
- Advanced Cardiac Life Support /Basic Life Support- Expires 9/2023
- Prescriptive authority- Expires 09/30/2024
- Active DEA –Expires 02/28/2024

Organizations/Honors/Awards

- Member of American Association of Nurse Practitioners
- Member of American Urological Association (AUA)
- Member of Rocky Mountain Urological Society (RMUS)

Foreign Languages

- Fluent in Russian and proficient in Polish

